

Forest School Policy

Forest School is seen as an important part of the curriculum at Rockwood Nursery School, we focus around the individual child, enabling all children to reach their full potential socially, emotionally and academically during their time with us.

Forest School sessions shall be planned and delivered by a member of staff trained to level 3 in Forest School. They will be supported by other members of staff from the school. The Forest School Leader will have an appropriate paediatric first aid certificate and will be responsible for all emergencies during the sessions.

All children will be given the opportunity to access Forest School sessions in each academic year.

The sessions will be planned so all children will be able to participate irrespective of gender, race or special needs. Additional support will be given to children who need it to be able to access.

Regular observations will be taken of all children during the Forest School sessions by the Forest School Leader and child's key worker.

The Forest School sessions will take place in the fenced woodland area within the schools front garden.

The Health and Safety Policy for Forest School will be followed for all sessions and risk assessments will be in place for all activities.

Activities provided will depend on the ability and experience, and therefore meet the needs of participants. Examples of Forest School activities include:

- Nature exploration
- Building dens and other structures
- Fires and cooking
- Games and opportunities for imaginative play
- Natural crafts
- Using tools, such as knives and saws
- Scavenger hunts and adventure
- Seasonal celebrations