

ROCKWOOD NURSERY SCHOOL

PERSONAL, SOCIAL AND EMOTIONAL DEVELOPMENT SEQUENCED CURRICULUM - 2-4 YEAR OLDS

At Rockwood Nursery School we aim for children to shape their own identity by increasing their awareness of their own needs and the needs of others. They will develop their independence, create positive attitudes about themselves and others around them and feel valued within their community.

| 2 YEAR OLDS | 24-28 months | 28-32 months | 32-36 months |
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| Self-Regulation Managing Self Building Relationships I can..... | <ul style="list-style-type: none"> • Leave my parent/ carer and come into nursery with increasing confidence. • Explore the environment with help. • Respond to others in the room - verbally or non-verbally | <ul style="list-style-type: none"> • Explore the environment. • Make choices for my own learning. • Begin to use the resources more appropriately. • Follow a simple routine • Be aware of others and begin to respond to adults | <ul style="list-style-type: none"> • Begin to express my own needs e.g. needing the toilet, hungry, hot / cold. • Begin to form friendships with my peers. |

| 3-4 YEAR OLDS | 36-40 months | 40-44 months | 44-48 months | 48-52 months | 52-58 months |
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| Self-Regulation Managing Self Building Relationships I can..... | <ul style="list-style-type: none"> • Begin to express a variety of emotions. • Take responsibility for my own actions. • Begin to share and turn take with others. | <ul style="list-style-type: none"> • Understand a variety of emotions and how someone may be feeling. • Understand how my actions affect other people. • Comfort others who are upset. | <ul style="list-style-type: none"> • Show pride in my own work. • Develop my own self-esteem. • Draw on my own experiences in my play. • Help others. | <ul style="list-style-type: none"> • Be more independent with my self-help skills. • Engage others in my play. • Share resources, ideas and my interests with others. | <ul style="list-style-type: none"> • Be confident, resilient and independent. • Be self-motivated to have a go. • Be motivated to learn. • Show awareness of boundaries. • Be sociable, friendly and kind to others. • Share and turn take. |