

Physical Development Curriculum Intent

At Rockwood, we aim for our children to move confidently and safely; and to maintain good health

We do this through....

....Our Image of the Child....

LOVED	A child at Rockwood will feel loved because the staff empathised with their emotional abilities and encourage independence by modelling good self care.
CREATIVE	A child will sing, dance, engage in role play and be artistic through carefully planned activities and child initiated learning opportunities within the outdoor environment and the classroom.
CURIOUS	A curious child will develop through our huge natural environment, particularly within Forest School where they are encouraged to explore, play and develop their questioning skills. Rockwood children will be inquisitive as they develop their understanding of the world around them.
INDEPENDENT	A child at Rockwood will be taught the skills required to use tools safely, to move carefully around the environment and to demonstrate a high level of self help skills.
CONFIDENT	A child will be confident to express their physical ability, to move positively around the setting and coordinate their ability to use tools.
MOTIVATED	A motivated child will develop through constructive staff interactions, interesting learning opportunities that engage a child fully and an environment which is ever changing due to enhancements, seasons and child interest.
RESILIENT	A child at Rockwood will become resilient as they are encouraged to 'have a go' and learn from the mistakes they may make. Children are taught how to assess their own risk and ability to use equipment.

... Our Curriculum Development...

STAGE ONE	STAGE TWO AT TWO	STAGE THREE AT THREE	STAGE FOUR AT FOUR	STAGE FIVE	STAGE SIX SCHOOL LEAVERS
<ul style="list-style-type: none"> Children will learn to negotiate the space inside and out and manoeuvre safely Children will feel safe within the setting and be shown how to move around from one area to another Children will negotiate and balance on uneven surfaces Children will learn to hand wash with support prior to food or snack Children will, with support, put coats and outdoor clothing on 	<ul style="list-style-type: none"> Children will begin to use large physical equipment confidently Children will dig in the playground, Children will begin to know how to use the equipment in the large outdoor construction area, Children will use the containers for filling and emptying Children will become aware of their bodies and copy simple actions Children will begin to be aware of whether they are wet or soiled Children will wash hands with growing independence Children will begin to select the clothing they need (apron or wellies etc) for themselves and dress with adult support Children will use the sand tray that is right for them. Children will begin to make marks. 	<ul style="list-style-type: none"> Children will be able to use large physical equipment with more control Children will begin to understand the need for safety in using tools and equipment Children will begin to copy more complex actions Children will begin to toilet train Child will wash hands independently before snack and after the toilet Children will begin to understand and access appropriate clothing for activities Children will begin to start dressing self with support when necessary Children will begin to be able to communicate their needs – thirst, hunger, tiredness Children will begin to use small equipment with greater hand-eye co-ordination and increasing control e.g. one handed tools Children will produce lines and circles using mark making tools. 	<ul style="list-style-type: none"> Children will begin to use mark making tools with increasing control Children will develop increasing fine motor control Children will follow a toileting routine, sometimes with support Children will access the gross motor equipment provided such as trikes, scooters and balance bikes. Children will know how to move up and down the hill through a range of movements eg stepping, sliding, running. Children will embrace the principles of the Squiggle whilst You Wiggle initiative. Children will form letters and marks which resemble the letters in their name. 	<ul style="list-style-type: none"> Children will have some understanding of the difference between healthy and unhealthy foods Children will access the large slope for rolling balls, rope swings, climbing trees and triangles with confidence. Children will dress independently Children will show independence in accessing the toilet Children will know how to participate safely in the seasonal walks to Towneley to observe changes in the environment. Children will perform yoga movements and follow actions. Children will enjoy mark making and show enthusiasm for the amount of 'writing' they have produced. 	<ul style="list-style-type: none"> Children will understand the impact of exercise on their body Children will be able to dress and undress themselves independently Children will be dry and fully toilet trained Children will be able to use tools and equipment safely Children will use anti-clockwise movements Children will have good pencil control using a range of tools to mark make and begin writing Children will use a wide range of tools safely such as hammers, tweezers, BBQ role play, etc. Children will form letters correctly for their name and write other familiar letters.

